Holy Spirit Parish

Words of Thanks From a Parishioner

Dear Cathy,

I wish to add my thanks to the blood donors as I am a recipient of their generosity. My body doesn't manufacture my blood and when the blood count gets dangerously low, I am given a transfusion to prevent the possibility of a heart attack or stroke.

They have never seen an anemic condition like mine and don't know the cause or a cure.

Two members of my family are blood donors. God bless you all!

Sincerely, X

I'm withholding the name to protect the privacy of our parishioner. This illustrates the life-giving gift provided by our blood donors. A single donation can help as many as three people. It's just 2 cups — that's all they take. You too can likely give this gift. It's fast and easy to donate. Our next blood drive is Monday, April 19th in the hall. Please consider giving a pint.

Forget about cooking at home and come on down to enjoy a good old fashioned fish dinner in the hall. Every Friday during Lent there will be a fish dinner in the hall prepared by the Knights of Columbus. Even better, follow up dinner with Stations of the Cross in the chapel.

Donation	*$6.50*
Dinner	*5:00-6:30pm*
Stations of the Cross	*7:00PM*

Hope to see you there.

Rice Bowl Time

Every Lenten season parishes in the Archdiocese of Seattle provides Rice Bowl that can be placed on family tables at home to remind us that we not only pray for "our daily bread" but we follow Jesus example by "multiplying the loafs and fishes" for those who most need food in our local and world communities. Some of the funds collected help right here in Kent through the Kent Community Supper, St. Vincent de Paul and Catholic Community Services. Last year the Rice Bowl funds provided over $396,000 for food programs in western Washington and for Catholic Relief Services overseas.

Please join other families in supporting the Rice Bowls. This is a good way to help your children remember others during Lent.

Lenten Rice Bowl Prayer

God of all people,

Hear us as we join in prayer with our brothers and sisters in need. Bless our Lenten fasting, learning, and giving. May your generous love for your people be our guide as we reach out to all who live with hunger and poverty.

Amen.

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marriage encounter