

HOLY SPIRIT PARISH

Central Deanery (King County) of the Archdiocesan Council of Catholic Women

Invites Catholic Women to attend our Fall Meeting (Elections & Program Plans)

**Business Meeting from 2:00 to 3:30pm,
Refreshments following, \$6.00 pp**

**Thursday, Sept. 16, 2010 Holy Family Parish Center
505 – 17th Street S. E., Auburn WA 98002**

CHILD CARE AVAILABLE by REQUEST

R.S.V.P. Hostess Becky Prenovost 253-939-9934

Kathleen Tansey, CD Pres. psj1350@comcast.net

Cabrini Ministry Training

Our goal is to provide parishes and local institutions with capable, confident, faith-filled lay ministers who have grown in their self-awareness, and who possess effective pastoral listening skills. We accomplish the goals by inviting lay people called by reason of their baptism, to recognize and use their gifts in service to the Church.

We offer **Quality Training** that includes 5 months of weekly sessions with emphasis on pastoral skills, along with ethics, self-awareness, and more. The training is offered in a variety of locations, depending on the need. CMT graduates are ministering in parishes, hospitals, nursing homes, and prisons; giving solace to the elderly, persons with special needs, the homebound, the homeless, the dying, and many more.

Plan to attend an Information Meeting on Sept 13 from 7 – 8:30 pm at St. James Cathedral Place or Tue., Sept 14 (same time) at St. Madeleine Sophie. Please RSVP (or for more information) to Tom Curran at 206-760-0583 Ext 4 or tomcurran@cabriniministry.org.

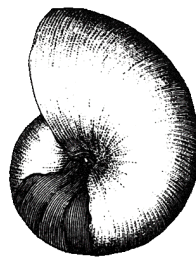
Please Be Seated

Several months ago, the Spiritual Life and Worship Commission was asked to find a way to show that the Liturgy of the Word [the 1st Reading, Responsorial Psalm, 2nd Reading, Gospel, Homily and Prayers of the Faithful] was just as important to the Mass as the Liturgy of the Eucharist. After some discussion, it was decided that the ushers would ask people to please wait in the Gathering Space until a reading was concluded, and then they would be seated.

As one parishioner said, we wait to be seated at the opera, or the theatre or at concerts—even at a baseball game the ushers ask us to wait until the pitch is thrown—certainly we can show the same respect to the Word of God! The Worship Commission agreed, and so we now have a policy in place that the Worship Commission believes will help to foster a deeper reverence for God speaking to us in the Sacred Scriptures. For those of us who arrive after Mass has begun, we can listen to the Word of God in the Gathering Space, and as soon as the reading or Psalm has finished the ushers will show us to a seat.

Spirituality & Mental Illness: A Guide for the Journey A One Day Retreat at Palisades

This retreat will invite participants to continue the journey of faith that often comes out of crisis, that taps down into our deepest desires, that evokes immense courage, and which ultimately leads us into the heart of Mystery. It will undertake a voyage of



discovery.

Drawing on themes from his book *Reducing the Storm to a Whisper: the Story of a Breakdown*, Father Howell will invite retreatants to a series of reflections and meditations about how God is working in their hearts even in the midst of crisis, turmoil, and the cry for healing and peace.

Fr. Patrick Howell SJ serves as Rector of the Jesuit Community at Seattle University. Since 1985 he has served in several positions at the university, most notably as Dean of the innovative School of Theology and Ministry and as a Pastoral Theologian. For many years Father Howell has contributed to pastoral outreach to people with mental illness and their families. Father Howell is well-known for his regular column on the Religion page of the Seattle Times and is also the author of the books *Reducing the Storm to a Whisper: the Story of a Breakdown* and *A Spiritguide through Times of Darkness*.

This retreat experience will be held on Saturday Sept. 25 from 9:00 am – 3:00 pm. The fee for the retreat is \$35 per person or \$70 per couple - this fee covers the retreat, all presentations and hand-outs and includes lunch. Scholarships are available.

(If you need or desire overnight accommodations, please contact the retreat center at least two weeks ahead of time.)

Please contact The Palisades for information 206 748-7991 (Seattle) 253 927-9621 (Tacoma) 800-330330-7622 (Toll Free)

Email Palisades@SeattleArch.org, or visit our website at: www.SeattleArch.org/Palisades