

HOLY SPIRIT PARISH

Rachel's Corner

Hope and Healing After Abortion

"The retreat greatly helped my healing process. The compassion and concern of all the women involved made it a very comfortable and safe place to share the thoughts and emotions I had buried for so long."

- Testimony after a Rachel's Vineyard Retreat™

Come on a Rachel's Vineyard Retreat™ and experience God's healing touch.

Next English retreat 2010: **November 12-14, 2010**

Call Valerie: 1-800-822-HOPE (4673)

You are loved with an everlasting Love!

Project Rachel is a program of Catholic Community Services.

HOPE

If you are ready to deal with the grief of being widowed, divorced, or separated, there is help. As a faith-based organization, **Beginning Experience** offers men and women the opportunity and skills to build deeper self respect, to cope with the pain of loss, and to move into the future with renewed hope. Call for more information and/or a brochure.

Kim 253-302-4611 Pat 360-878-9325

Sara 253-861-9084

LITURGICAL MINISTRY TRAINING

ALTAR SERVERS

SEPTEMBER 13, 2010

6:30PM IN THE CHURCH



Celebration of the Eucharist

Gethsemane Cemetery

Saturday, August 28, 2010

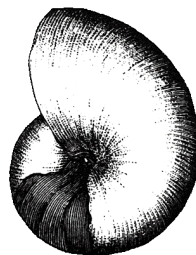
10:30am

*Sing praise to the Lord,
sing praise!*



Spirituality & Mental Illness: A Guide for the Journey A One Day Retreat at Palisades

This retreat will invite participants to continue the journey of faith that often comes out of crisis, that taps down into our deepest desires, that evokes immense courage, and which ultimately leads us into the heart of Mystery. It will undertake a voyage of



discovery.

Drawing on themes from his book *Reducing the Storm to a Whisper: the Story of a Breakdown*, Father Howell will invite retreatants to a series of reflections and meditations about how God is working in their hearts even in the midst of crisis, turmoil, and the cry for healing and peace.

Fr. Patrick Howell SJ serves as Rector of the Jesuit Community at Seattle University. Since 1985 he has served in several positions at the university, most notably as Dean of the innovative School of Theology and Ministry and as a Pastoral Theologian. For many years Father Howell has contributed to pastoral outreach to people with mental illness and their families. Father Howell is well-known for his regular column on the Religion page of the Seattle Times and is also the author of the books *Reducing the Storm to a Whisper: the Story of a Breakdown* and *A Spiritguide through Times of Darkness*.

This retreat experience will be held on Saturday Sept. 25 from 9:00 am – 3:00 pm. The fee for the retreat is \$35 per person or \$70 per couple - this fee covers the retreat, all presentations and hand-outs and includes lunch. Scholarships are available.

(If you need or desire overnight accommodations, please contact the retreat center at least two weeks ahead of time.)

Please contact The Palisades for information
206 748-7991 (Seattle) 253 927-9621 (Tacoma)
800-330330-7622 (Toll Free)

Email Palisades@SeattleArch.org, or visit our web-site at: www.SeattleArch.org/Palisades